

MONDAY 12TH AUGUST, 7-9PM
PASTILLE BEAUTY BAR, GRANARY WHARF

Tickets are FREE – Contact Pastille directly to reserve your place info@pastille.uk.com
01132 460 700

Instagram.com/PastilleBeauty





Join us for empowerment-based talks and activities to help in raising awareness, tackling myths, and providing information within a safe space.

Snacks and non-alcoholic refreshments will be provided (tell us if you have dietary requirements). Topics covered will include: discussions on boundaries, communication and impact of sexual violence, and will end with a grounding exercise.

This workshop will be co-facilitated by two femaleidentifying Therapists with experience in supporting survivors of sexual violence.

This event is open to female-identifying people only at the moment to allow it to be a safe space for those who attend, and allow them to share and hear stories in an open environment. We are developing additional groups to include a wider range of people in the future.